

## Display Screen Equipment (DSE) – Assessors Training

### Aims

To provide delegates with the knowledge and skills to be able to carry out display screen equipment assessments effectively.

### Who should attend?

Any employees with the responsibility for carrying out DSE assessments at work.

### Course duration

1 Day

### Course Programme

- ✓ Reasons for managing health and safety – moral, economic and legal
- ✓ Legal requirements for display screen equipment risk assessment
- ✓ Adverse health effects from working with display screen equipment
- ✓ Setting up a workstation, keying in, using a mouse and reading the screen
- ✓ Posture / sitting position
- ✓ Breaks
- ✓ Laptops
- ✓ Risk assessment and workstation assessment
- ✓ Control measures
- ✓ Practical DSE assessments